



Banana Custard

Gluten free, nutrient-dense creamy banana custard.

Bananas are a great dietary source of potassium. A potassium-rich diet can help lower blood pressure thus decreasing the risk of heart disease.



Ingredients

Milk, Sugar, Thickener (1442), Hydrolyzed Collagen, Milk Solids, Vegetable Fat (Sunflower Oil, Glucose Syrup Solids, Milk Solids, Emulsifier (472c), Antioxidants (304, 306 Soy, 322 Soy), Gelatine, Vegetable Gum (415, 407), Flavour, Natural Colours (160a, 161b). CONAINTS MILK & MILK PRODUCTS, SOY.

Nutritional Details

Regular Size 120g Per Serve		
Nutritional Details	Average Quantity per Serving	Average Quantity per 100g
Energy:		474kJ (114Cal)
Protein:		6.7g
--Gluten:	Nil Detected	Nil Detected
Fat, Total:		2.6g
--Saturated:		1.3g
Carbohydrates:		15.3g
--Sugars:		12.5g
Sodium:		66mg
Potassium:		171mg

Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. Dinners carrying the Heart Friendly Tick have undergone laboratory testing and results for Saturated Fat, Trans Fat, Sodium, Energy, Protein and Fibre or Vegetable content are guaranteed to comply with the criteria. Clients and Health Professionals should use all other calculations as a guide only when recommending or choosing suitable dinners.