



Chocolate Mousse - GF

An irresistibly smooth gluten free chocolate temptation.



Ingredients

Ingredients: Milk, Custard, Chocolate, Sugar, Water. CONTAINS DAIRY

Nutritional Details

	Regular Size 140g Per Serve	
Nutritional Details	Average Quantity per Serving	Average Quantity per 100g
Energy:		828kJ (199Cal)
Protein:		3.4g
--Gluten:	Nil Detected	Nil Detected
Fat, Total:		8.7g
--Saturated:		5.5g
Carbohydrates:		26.2g
--Sugars:		25.1g
Dietary Fibre:		0.5g
Folate:		5.8ug
Sodium:		60mg
Potassium:		195mg
Phosphorus:		110mg

Disclaimer:

Nutrition analysis is prepared using our FOODWORKS© software system. Dinners carrying the Heart Friendly Tick have undergone laboratory testing and results for Saturated Fat, Trans Fat, Sodium, Energy, Protein and Fibre or Vegetable content are guaranteed to comply with the criteria. Clients and Health Professionals should use all other calculations as a guide only when recommending or choosing suitable dinners.