

Sponge with Passionfruit Meringue

This tempting gluten and dairy free sponge is deliciously filled with passionfruit meringue, lightly dusted with icing sugar.



Ingredients

Sponge (80%) [Eggs, Castor Sugar, Potato Flour, Gluten Free Self Raising Flour, Xanthium Gum], Meringue (16%) [Sugar, Egg White, Water, Passionfruit (4%)]. CONTAINS EGG & EGG PRODUCTS.

Nutritional Details

Regular Size 125g Per Serve		
Nutritional Details	Average Quantity per Serving	Average Quantity per 100g
Energy:		1080kJ (259Cal)
Protein:		6.5g
--Gluten:	Nil Detected	Nil Detected
Fat, Total:		3.9g
--Saturated:		1.3g
Carbohydrates:		49.4g
--Sugars:		32.6g
Dietary Fibre:		1.4g
Sodium:		78mg
Potassium:		62mg
Phosphorus:		57mg

Disclaimer:

Nutrition analysis is prepared using our FOODWORKS® software system. Dinners carrying the Heart Friendly Tick have undergone laboratory testing and results for Saturated Fat, Trans Fat, Sodium, Energy, Protein and Fibre or Vegetable content are guaranteed to comply with the criteria. Clients and Health Professionals should use all other calculations as a guide only when recommending or choosing suitable dinners.